

Dreams: Messages from Your Spirit

August 1-2, 2009

Sat 10 a.m. - Sun 3:00 p.m.

Sacred Grove Retreat Center, Gold Hill, NC

Dreaming

You dream. You awaken. You begin your day. You forget your dreams or simply think of them as a nighttime diversion from the day's concerns. Not giving your dreams another thought, you miss the messages your dreams bring you from your subconscious.

Insights

Your dreams are a part of you wanting to be recognized and understood. Your soul calls to you through your dreams. Will you listen and respond?

Partnering with your dream state allows it to assist you more actively in your everyday life. Will you accept these gifts of insight and self-illumination? Say YES to your dreams! Join us for our seminar & discover soul dream messages.

Creativity

As part of our dream seminar, you will create your own dream catcher as a portal to your subconscious. The weaving of your dream catcher signifies the interweaving of different levels of your existence. It will give birth to your unique quest for reflection and insight.

Frames, beads and weaving material will be provided. Please bring anything you want to weave into your dream catcher—gems, feathers, sticks, something special to you.

At this workshop you will also learn creative ways of dream recording. You will learn how to heal the energy of disturbing dreams and realize how dreams can actually help you change your future.

Lammas Celebration

Saturday evening we will have a community dinner and Lammas Celebration. Lammas is the day half way between Summer Solstice and Fall Equinox. Steve Nelson will talk about the Lammas Celebration and the significance of current eclipses.

Dr. Kafajouffe will lead drumming in the retreat yurt and then we will experience Fire Drum under the stars. Afterwards we will spend the night in Sacred Grove's Log House and journey deep into the spirit world.

Dream workshop & meals is \$99 and includes Lammas Celebration fee. Semi-private room lodging is \$49. Private room is \$85. For lodging information, contact Ellen at 704-463-0768. For more workshop information contact Mary at 704-422-4039 or cell phone 704-984-1099 or email marylemons@healingwholeself.net.