

# Spirit Collage & Natural Reiki

September 25-27, 2009

Sugar Maple Inn

Ravenna, Ohio

## Spirit Collage

Spirit Collage is a conversation with your soul. Using your imagination and intuition, you will create guidance cards from pictures that speak to your soul. You will be amazed as a random collection of images mesh into a kaleidoscope of awareness and insight.

After creating several personal guidance cards, you will work individually and also with others to create personal balance. You will joyfully journey into self-discovery and empowerment.

## Time in Nature

Throughout the weekend you will have time to relax and connect with nature on the grounds of historic Sugar Maple Inn built in 1882. The driveway's 300-year-old sugar maple tree takes you back in time. Stately old blue spruce, cedar, and Japanese maples surround the inn. Several of these trees are more than 100 years old. The inn's long front porch has ample room for you to sit and relax. A small pond and an energy vortex amidst three trees offer other outdoor areas to rest and reflect.

## Continued Guidance

Your Spirit Collage cards will be a spiritual tool to help you beyond our weekend retreat. Working with them on your own will help you process personal and professional situations. They will be a source of insight from your higher self. Delightfully creative, Spirit Collage is an enjoyable way of accessing your own inner guidance.

## Natural Reiki Attunement

Friday evening we will do energy work on each other and you will receive your attunement to the Nature Aspect of Natural Reiki. Later in the weekend you will receive attunement to another aspect of Natural Reiki as we continue our journey with energy healing.

## Mystery Dinner Theatre

Saturday evening we will all be characters in a mystery play. An evening of intrigue and suspense will be a fun way of continuing our process of looking within ourselves.

Workshop and Natural Reiki Attunements \$165

Friday-Sunday Lodging and Meals \$150

Meals without Lodging \$50

For workshop information, contact Mary Lemons at 704-984-1099, [marylemons@healingwholeself.net](mailto:marylemons@healingwholeself.net),  
For lodging and meals information, contact Lou Ann Metz at 330-296-5101 or Tudy Morris at 330-281-7007.